

## I. Physicals

If your program requires a physical exam, call the Center for Student Health and Well-Being (CSHWB, 704-894-2300) for an appointment **after you have been accepted and committed to your program**. Exams are free-of charge and are done Wednesday and Friday mornings between 10:00 AM and 12:00 PM and Tuesday through Friday afternoons between the hours of 1:00 PM - 4:30 PM. **Do not procrastinate or you may miss your deadline**. Sick visits take priority, and if the CSHWB happens to be exceptionally busy, appointments occasionally have to be rescheduled. Also, some locations require a series of shots or a TB test. Prior to your appointment you must:

- **Obtain the appropriate physical exam form from your program**. It is your responsibility to take this item with you to your appointment. **The form for Davidson-administered programs is called the "Physician's Medical Report" and is found in your Davidson study abroad portal**. For non-Davidson programs, if you are unsure of whether there is an actual study abroad physical required, directly contact the program prior to presenting for your appointment. If the program only requires your health history and immunizations, bring a copy of the health history form that you have completed.
- **Complete your portion of the form**. This may require your name, program name, birthdate, and/or health history questions.
- When you came to Davidson as a freshman you were required to present an immunization record which is stored in your chart at the CSHWB. **If you have had other immunizations done elsewhere since then, particularly for other trips abroad, please bring a written record of these so they will not be duplicated**.
- Visit the travel immunization section of [www.cdc.gov](http://www.cdc.gov) to determine the recommended/required immunizations for your host country and potential travel destinations. **Print this and bring it with you to your appointment**. If you come to your visit unprepared, your appointment will be rescheduled.
- In some countries, malaria is a risk in only small focal areas. The quantity of medication you will need for malaria prophylaxis is dependent on **exactly where you will be and for how long**. Your physician may ask for specific details about your itinerary, such as altitude and other environmental considerations. If you have questions after you visit the CDC website, **contact the program director for travel specifics prior to presenting for your physical**.

Many of the study abroad forms simply ask if you are physically, mentally, and emotionally healthy for studying abroad. These forms require an afternoon physician appointment only. **If your physical requires vision testing, urinalysis, blood work, EKG, chest x-ray, etc., you need to let the Center know when you call**. You will be given an appointment with a nurse between the hours of 7:45 PM - 12:00 PM or 1:00 PM - 4:00 PM to complete these tests prior to your visit with the physician. Although we do not offer x-rays and EKGs at the health center, we will assist you with making an appointment to have these completed at Davidson Family Medicine (DFW, located behind The Soda Shop). These tests need to be done several days **prior** to your appointment at the CSHWB in order to have the report available to the physician that is completing your form.

## II. Immunizations

The CSHWB stocks Tetanus, MMR, Hepatitis A and Hepatitis B vaccines. The vaccine charges will be

placed on your tuition bill. Davidson Family Medicine (DFM), located behind the Soda Shop, is licensed to provide additional travel immunizations and will do so upon order of the CSHWB provider. Please understand that you must make an appointment at CSHWB first to get the appropriate order for the vaccine. If you make an appointment directly with DFM, you will incur an office visit charge. **You should be prepared to pay for vaccines, EKGs, and chest x-rays done at DFM at the time of the service.** DFM will take payment by cash, personal check, VISA, Mastercard, or a debit card. They **do not** accept CatCards.

If you take your insurance card with you to DFM, they will file your charges as a courtesy, but insurance companies are not likely to pay for services strictly related to study abroad.

Typhoid and Yellow Fever vaccines are expensive and have short shelf lives. The SHWB physician can give you an order to get these vaccines at an off-site location.

### **VACCINES AVAILABLE AT THE CENTER FOR STUDENT HEALTH AND WELL-BEING:**

- **Hepatitis A (age 19 and up):** Initial dose, then booster 6-12 months later. Cost - \$95.00.
- **Hepatitis B (adult formulation, ages 20 and up):** Initial dose, 2nd dose at one month, then 3rd at 6 months after the original. May be given on an accelerated schedule (initial, 2nd one a month later, then the last 4 months after the original). Cost - \$70.00.
- **MMR (Measles, Mumps, Rubella):** 2-dose series 1 month apart (most students have already had this vaccine as part of the required vaccine for admission). Cost \$80.00.
- **Tetanus:** Td - \$40, Tdap - \$60

### **VACCINES AVAILABLE AT DAVIDSON FAMILY MEDICINE (Prices are current for Fall 2020 but are subject to change.)**

- **Ped/Adolescent Hepatitis A (age 18 & younger):** \$75.00 plus administration fee (see below)
- **Polio (IPV):** \$40.00 plus administration fee
- **Typhoid:** \$103.00 plus administration fee
- **Yellow Fever:** Not currently available due to national shortage. Available at [Passport Health](#).

*DFM charges an administration fee in addition to cost of the vaccine. The administration fee for one shot is \$25.00 or \$35.00 for two or more.*